

ANTELOPE VALLEY COLLEGE MEN'S TRACK AND FIELD RECORDS

100 meters	WES DUNSTON	10.44	1989*
200 meters	VARICK DABNEY	21.43	1997
400 meters	GEORGE DANIELS	47.74	1996
800 meters	LARRY MARTIN	1:50.2	1977
1500 meters	DAVE RHODES	3:55.56	1991
†mile	TIM HAMPTON	4:18.1	1976
†2 mile	JOHN McGOVERN	9:15.6	1983
†3 mile	ALAN DELINGER	14:26	1983
3000 meters	RYAN ROGERS	8:44.64	2004
5000 meters	ALAN DELINGER	14:58	1983
†6 mile	CONRAD LOWRY	31:54.0	1972
10000 meters	ALAN DELINGER	30:57.3	1983
3000 meter Steeplechase	JACK POWELL	9:22.0	1980
†120 High Hurdles	MARK DAVIES	14.1	1973***
110 High Hurdles	ANDY DUMAS and STEPHAN FLENOY	14.64*	1983 and 1988
400 Hurdles	ROSS BROSIUS	53.34	1970
4X100 meter Relay	MIKE BLANKENSHIP, GEORGE DANIELS, KEN HOPSON, CRAIG KELLEY	40.72	1995
4X200	VERICK DABNEY, KEN HOPSON, GEORGE DANIELS, C. KELLEY	1:26.27	1996
4X400	MIKE PRICE, VERICK DABNEY, MO BACKUS, GEORGE DANIELS	3:12.91	1996
HIGH JUMP	JERRICK HOLMES	7-0	2001
POLE VAULT	JACOB RIVERA	15-2	2004
LONG JUMP	ANDRE VELAZQUEZ	24-5 3/4	1999
TRIPLE JUMP	AARON MOSLEY	49'10"	1983
SHOT PUT	KEN GRAY	51-4 1/2"	1981
DISCUS	NICK SAYLOR	157-7 1/2"	2006
JAVELIN	STEVE SCHMIDT	197-6"	1974
HAMMER	LARRY JOHNSTON	199-1"	1991
DECATHLON	BRYAN FRAZIER	5608	1994

ANTELOPE VALLEY COLLEGE WOMEN'S TRACK AND FIELD RECORDS

100 meters	TRANISHA HOLMES	11.97	1998
200 meters	JoANN HARPER	24.7h (24.94)	1983
	DAUNYAE HARRIS	24.94e	2007
400 meters	DAUNYAE HARRIS	54.52	2007
800 meters	DAUNYAE HARRIS	2:11.39	2007
1500 meters	JEAN HARVEY	4:44.05	1991
3000 meters	JEAN HARVEY	9:56.56	1991
5000 meters	JEAN HARVEY	17:02.5	1991
10000 meters	JEAN HARVEY	35:39.10	1991#
100 High Hurdles	KRISTEN ROBINSON	14.76	2002
400 Hurdles	KRISTINE BOSTICK	62.52	1997
4X100 meter Relay	TALIA ANNISWORTH, DANELLE MOORE, SHANA CHATTMAN, DAUNYAE HARRIS	48.67	2007
4X400 meter Relay	SHANA CHATTMAN, DANELLE MOORE, JELANI CARTER, DAUNYAE HARRIS	3:50.77	2007
HIGH JUMP	TONIA KING	5-2	1990
	COURTNEY ALLEN		1998
	SASCHA STUCKY		2005
	KRISTINA MEDAL		2008
LONG JUMP	JoANNA HARPER	19-10 3/4	1983
TRIPLE JUMP	CHEAZA FIGUEROA	38-6	1994
SHOT PUT	ANGELA ARRINGTON	43-1 1/2	1991
DISCUS	ANGELA ARRINGTON	145-3	1991
JAVELIN	DEBRA GIFFORD	137-4	1994
HAMMER	BETH KREGIER	148-2	2007
POLE VAULT	RACHELLE SABO	11-7	2003
HEPTATHLON	JAMIE DEDEAUX	3173	1999