

ANTELOPE VALLEY COLLEGE

Marauder Athletics



MEDIA RELEASE for August 14, 2009

For Immediate Release

Contact: Glenn Haller -- 661-722-6445 or 270-9613; e-mail: avcsid@avc.edu

Cross Country

Head Coach: Mark Covert (20th season)

Head Coach's Phone: 661-722-6442

Assistant Coach: Jeff Leeds

There is a men's and women's team

Practice: Contact Mark Covert

Last season: Men 5th in Foothill Conference; Women no team. Melissa Olmos Foothill Conference Champion and Female Athlete of the Year.

DATES TO WATCH:

Opening Meet: Fri., Sept. 4 at Ventura Invitational

Foothill Conference Meet: Wed., Oct. 28 at Palm

Desert

Soccer

Head Coach: Jerry Stupar (Second season, 12-7-1)

Head Coach's Phone: 661-722-6602

Assistant Coach: Jimmie Avalos, Jessica Nish

There is only a women's team at AVC

Practice: 2 p.m. to 4 p.m. on the Soccer Practice Field

Last season: 12-7-1, 9-3 and second in the Foothill Conference

DATES TO WATCH:

Opening Day: Fri., Aug. 28 vs. Moorpark, 4 p.m.

Marauder Stadium Opener: Fri., Sept. 18 vs. Taft, 4 p.m.

Foothill Conference Opener: Fri., Sept. 25 at *Mt. San Jacinto, 4 p.m.

Volleyball

Head Coach: Jane Cwayna (28th season, 267-214)

Head Coach's Phone: 661-722-6444

Assistant Coach: Turhan Douglass and Mark Cruz

There is only a women's team at AVC

Last season: 9-10 overall, 7-5 and fourth in the Foothill Conference

DATES TO WATCH:

Opening Day and Home Opener: Wed., Sept. 2 vs. Pasadena City, 6 p.m.

Foothill Conference Opener: Fri., Oct. 2 at *Desert, 6 p.m.

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